



SPARC Throwball

THROWBALL

- **Promote:** Promote the sport of Throwball in Metro Detroit area by encouraging new players by bringing awareness about Throwball and instilling interest in them to play the sport. Provide a platform for the female athletes from diverse walks of life to come together and interact in their mutual enjoyment of sports.
- **Fitness:** Promote healthy lifestyle by staying fit and help in reducing daily life stresses by providing an avenue to enjoy competitive games.
- **Organize:** Establish ways to welcome and add new players, schedule practices, help in forming the team(s) for various events/tournaments.
- **Transparency and communication:** Become a central and open communication point by using Website, Facebook and other communication methods including our sports facility management software. Make sure everything is communicated to everyone. The communications can include practice times, training schedules, changes in rules, upcoming tournaments etc.
- **Tournaments:** Host tournaments periodically with help from all the players, local organizations, and businesses. Become a contact point for other throwball groups to know about other upcoming tournaments outside of Detroit suburbs and Michigan.
- **Practice:** Schedule practice sessions as needed. Add more sessions as the number of players grows. Setup internal friendly matches between all the players and other local teams periodically.
- **Infrastructure:** Add more practice courts, more open play slots as needed to encourage more participation to grow the sport.
- **Teams:** While SPARC is open and provides the same open play times to everyone, we will start with a maximum of only one or two teams to train and mentor for the first one year. This will help us to focus better and achieve better results.
- **Train:** Coach the teams as needed to improve their skills. Prepare warm up drills and practice structure. Discuss with players to understand their strengths & weaknesses and help them get better. Help the players and team by mentoring them as needed, to participate and do well in the tournaments.
- **No Contract:** There is no contract or commitment of any kind to join or leave the teams. Anyone who is interested in playing throwball can join.